



PROVINCIAL PERINATAL SUBSTANCE USE
CONFERENCE 2024
 October 28 - 30, 2024 | Richmond, BC, Canada

Provincial Perinatal Substance Use Conference

WHAT WE BRING
DR. SHARON VIPLER

OBJECTIVITY
 might be a MYTH!

TRAUMA INFORMED APPROACH
 Developing SAFE Spaces
 Be Curious & Be Kind

ASK YOURSELF:
 WHO AM I?
 experiencing crisis in...
IDENTITY!

Keep Seeking
 Keep Learning



Truth Seeker

OUR IDENTITY
 is deeply connected
 to OUR WORK &
 Wellbeing

WOMEN'S HEALTH & SAFETY IN SRO
 Research
 Hajar Masoud

SRO's have daily
 INCIDENCES of overdose
 & medical emergencies

- ▶ Pregnant women must leave
- ▶ Shared washrooms
- ▶ Safety Issues

PEER WORK
 is ESSENTIAL

COLONIALISM
SYSTEMIC RACISM
 ▶ residential school
 + 60's scoop

ADDICTION
 is a MEDICAL ISSUE
 not a MORAL FAILING

IN THIS WORK: Learning, Unlearning
OPEN HEARTS, OPEN MINDS

Indigenous Systems of Care
 Lisa Smith
 Tressa Cooper



UNDRIP & Reconciliation

INNOVATIVE CARE APPROACHES

ELDER
Glida Morgan
 + **JADE**

OUR Indigenous
 WAYS are Important
 for treatment &
HEALING

Mary Point

IT TAKES
 MANY People
 IN **COMMUNITY**
 to do this good
 WORK



Darci Skiber
 Witness to:
RACISM STIGMA & HEALTH INEQUITIES
 faced by people giving birth
 who USE Substances

We NEED
 CULTURALLY
 SAFE & RELEVANT
 Care + Treatment
 supporting
AUTONOMY
 with cultural
 protocol



WOMEN & FAMILY CENTRE
 Adria Pritchard Doll &
 Dana White, Katrina Fleming

UNION GOSPEL MISSION
 Wrap Around Care

IN HOUSE RECOVERY PROGRAM
 Continuum of Care

Transitional
 Housing
 Program



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SHEWAY
 Indigenous Cultural Support
 Claudia Kobetitch

Indigenous
CULTURAL
 Supports

Cultural
 Activities

ELDER
 Visits

Community
 Kitchen

PROGRAM
 EVALUATION

BABY
 Welcoming
 Ceremony

Making Lasting
 Connections and
 Saving Lives!



**BENZODIAZAPINE
 WITHDRAWAL PROTOCOLS
 & EDUCATIONAL IMPERATIVES**
 Shannon Leonard & Colleen Lum

Perceptions of Overdose
 Response **HOTLINES + PHONE**
 Application Services among
 Women & Gender Diverse Individuals
 Amanda Lee



VIEWED AS A
SAFER
 alternative

PRIVACY
 online,
 more
 Accessible

N.O.R.S.
 Brave App
 Never Use Alone

X Criminalization
 is a barrier... X

Compassion
 for each Person

**COLLABORATIVE
 PRACTICE & TOOLS TO
 SUPPORT YOUR WORK**
 Dr. Nancy Poole & Lindsay Wolfson

PROVIDE
 essential
 Medications

**MANAGING
 Seizures**
 - communication
 & education around
 benzo withdrawal
 seizures
 during pregnancy

**MOCK CODE
 Blue / Pink
 ON
 FIR
 helpful for
 NURSES**

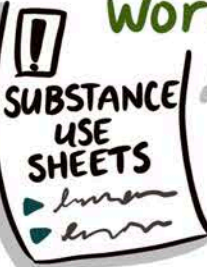
comfortable
 + fun learning

Barbie
 simulation



Case Study:
 what to do? Timing
 is key!

Helpful for...
CHILD WELFARE SUPPORT CONNECTION
 Workers



THIS Course
 is for EVERYONE
 online, FREE

Brief Intervention
 HOLD a COMPLEXITY of
 ISSUES + can be lead by
 people in various roles

HARM Reduction
 is ESSENTIAL part of
 programming

Spectrum of
 Readiness for change
 amongst patients

LIVED
 EXPERIENCE
 SAFETY



TRUST

cross
 system



TRC CALLS to ACTION

- Child Welfare
- Education
- Health
- Justice



"Always Remember the ANCESTORS"

- Elder Glida MORGAN + JADE

Give Space



CHERYL Davies
 COO
 BC Women's Hospital

Be Truth Seekers & Remain Open Minded

"I see COMPASSION"

Open Minded

Join our Services + Reduce Stigma

EQUITY SCIENCE
DR. SANA Shahram

"facing messy truths"

What are our understandings of JUSTICE?

There is often more focus on FAIRNESS than OUTCOMES

EQUITY SCRAMBLE 2020
 28 Million
 Black Boxes

THERE ARE RISKS:
Tokenism
Misappropriation

POWER AND PRIVILEGE

SHAPES what IS AVAILABLE to US... who has right to CARE, has access to HUMAN Rights, etc...

DOUBLE Standards + Hypocrisy



SYSTEMS of IDEAS shapes who HOLDS POWER

Colonialism + systematic oppression of Indigenous Women

Connecting the DOTS

Having Conversations

ROBIN James, CATHY Werts
 ANGELA Hughs, Dr. HEATHER McEwen

WHAT BIRTHERS go through will stay with them for the REST of their Lives...

"Remove MY CHILD OR go to Treatment"



Change how we treat people

Life & Services are very Different away from the Big cities

There are MANY GAPS & we FOCUS on TOOLS!

"WOMEN SELF STIGMATIZE" "ask what we need..."

PERINATAL JOURNEY

MY CHILDREN were taken AWAY and I never got them BACK

Stigma and Judgement while on OAT

MY ACTIONS & behaviour is WATCHED

"These WOMEN deserve LOVE and CARE"

SUBSTANCE USE isn't a REASON for REPORTING

"Birth Alerts" no longer in practice.

Still a long ROAD AHEAD



"The Ground of Neutrality is marred by OPPRESSION" - DR. Sana S.



PEER Projects+ Advocacy
 ART for Social CHANGE

Precarious

Kat Wahamad

THEATRE Production HISTORY of Prohibition
 Tableaux



create ART



Resistance Quilt

creative Ways to talk about

SAFE SUPPLY & Harm Reduction

USING DATA YOU DON'T HAVE

Bodkin, Paquette, Carter Marchand & Cattoni

HIGH MORTALITY rate of PATIENTS with SUD



LACK OF ROBUST DATA

- LACK of Safety Info
- Exclusion from Clinical Trials
- Funding Limitations

• Rapidly Changing & toxic drug Supply

There is NOT ENOUGH infrastructure to SUPPORT SAFE SUPPLY & OAT in BC

Limitations on SAFE Supply & what can be prescribed with OAT

When someone is 'OVER SEDATED' they Need MORE OAT not less...

Need MORE UNDERSTANDING of stimulants & current drug supply...

SHOW CARE!

Pharmacists are HELPFUL in understand titration & drug effects

DO NO HARM



Yu Be-yah Clinic

MEDICINE HOUSE

VACCINES OAT Services

Addiction Counselling
 Healthy Mum checks

Uskiyaz Whulheh Uhoonti - Dakelh

Jennifer Scott, Catherine Higgins
 Sherry Sherba
 Carrier Sekani Family Services

- Harmony House
- Heartwood
- Fir Square
- FNHA

Patient Consent & Choice

SECTION 96 FORM: struck down by BC Appeals Court

Prescribe SAFE SUPPLY





Crisis to crisis
 Mentality

POLICING
 Year 8 of Toxic
 Drug Supply
 Crisis

MCFD
JUSTICE
 systems

ACKNOWLEDGE
 Inequality

Inequalitree Exercise

ELDER GLIDA + JADE
HONOUR & TAKE
 good Care of Yourself

Whax hooks
 in Shqwalowin

BURNOUT in
 Colonial Systems

HOUSING

Welfare
 Systems

Getting to the Root
 of Things

Meenakshi Mannoe

Ground OURSELVES
 in the Forest: we
 want to Grow



Political
 and
 Economic
 choices by "elected
 leaders" in this SYSTEM

DATA Collection
 must have a PURPOSE
 to enact JUSTICE

Reorienting the
Conceptualizations of Mothering

-Sana Shahram, Lisa Knox, Logan Burd



Stand Up for Mental Health

-David Granirer
 & Comedy Team



Laughter
 is Medicine

Fight Against
 Stigma
Bring Joy

COMEDY to DE-STIGMATIZE
MENTAL HEALTH

